



Emmanuel Newsletter Spring/Summer Edition 2018

Minister's Message

What are your favourite memories of the springs of the past?

What events tell you spring is here for sure?

Some of our friends have been tapping maple trees and producing syrup. That would be one sign of spring on the way. When we lived in Saskatchewan, we would often pass homes where tulips were in full bloom through the snow drifts up against foundations of homes.

Another sign of spring, of course, is our celebration of the Resurrection of Christ - Easter. Remember those days when it was this time of year you would always hear the tune on the radio, "In Your Easter Bonnet"? That was kind of replaced by "Tiptoe through the Tulips".

For me, spring is truly around the corner when we start to sing those old standard Easter Hymns such as, "Jesus Christ is Risen Today". One of my favourites from the past appears only in our Red Hymnbook of the 1970's (#470), "Walk Softly in Springtime" which probably isn't in our current Voices United because of the tune.

May the message be clear that because of the Resurrection of Christ we all are given new life and new opportunities. For Christians, every season ought to be spring and we can tread soundly, strongly and assuredly in the faith of our part and sharing in the Promise of our Resurrection which comes to us through the free grace of Christ our Lord.

What are your favourite memories of spring and what are the signs you look for?

Rev. Bob

UCW FUNCTIONS

Old Tyme Strawberry Fair



Tues June 6 from 2 - 4 pm

There will be Tea with cake, ice cream, berries

PLUS a craft supplies table, bake table,

And displays/brief talk regarding the Old Hay Bay Church

Free will donations to Old Hay Bay Restoration Project

OTHER HAPPENINGS

Easter Sunday - Please join us on April 1st at 10:30am. We will have Michael Faulkner as our guest soloist.

Craft Workshop - Broken China Mosaic with Carolyn Dafoe

April 18 from 9:30 to 11 am

A hands-on workshop to make small coasters. You can bring your own supplies ie hammer, old towel, small sponge, old spatula, and china teacup/saucer. There will be plenty of those if you don't have them. You can buy a teacup for \$1.

There will be a hand-out of step-by-step instructions when you arrive.

Cost is \$5 to cover costs

Light refreshments supplied - coffee/tea/cookies

Class is limited to 12. Please sign up by April 1 by contacting Cheryl at 613-395-0914



Steward's Beef Supper

Wed Apr 25

Continuous seating between 4:30 & 7

Adults \$15 Children 5-10 \$6 Under 5 - Free

Call Bev Stewart 613-969-1312 Donna Kennedy 613-477-2338 or

office 613-962-3791 for tickets



Auction

Thurs May 24 Lots of great items!

Preview 5:45 Bidding starts 6:30

\$2 entry gives you a Bid Card and coffee

Contact Donna Kennedy 613-477-2338

for NEW item donations

Other Dates to Remember!

Please join us on **May 13th**, Mother's Day. The Sunday School children will have a short presentation called "Our Bridge to God".

Emmanuel will be closed for the **month of July** while Rev. Bob takes his holidays. We have been invited to join the congregation of St. Mark's United Church in Cannifton for that month.

We will extend an invitation to St. Mark's and Melrose United Churches to join us for worship for the month of August, beginning August 5th.

Our office will be **closed in July**, but Beverly Dafoe will be checking any phone messages and picking up mail. Office will reopen on August 2nd from 9am - 1pm.

June 10th will be Confirmation Sunday and also the last day of Sunday School until it resumes September 9th

Baked Ham Supper **Sept 12** Details to follow.

Welcome Back Sunday - **Sept 16** Lunch will be sponsored by UCW



PAR- Please consider Par donations to help cover monthly expenses. See Carolyn Dafoe at 613-968-4820 for any information or inquiries.

VON Fall Prevention Program

With Teri Hebden, VON

Classes are starting again! Beginning on Thursday April 5th at 9:15am to 11:15am and will run for 12 weeks, for 2 hours each day. There will be no class on April 19 as Teri will be on vacation that week. Last class will be on Thurs June 28. Sign up sheet is on the info centre.

For anyone returning to the class, Teri will try to bring in some guest speakers based on the topics in the list below.

She is trying to get Janet Newbatt in to complete her presentation on 'Healthy Eating and Too Much Sugar' on April 26.

Hope you can make it!

Topics include:

1. Functional fitness
2. How to stay safe in the home
3. Hydration and Nutrition
4. Bone Health
5. Chronic Disease Management
6. Medications
7. Mobility Aids (learning about Urban Poling)
8. Footwear and foot care
9. Vision and Hearing Impairments
10. How to stay safe in your activities
11. Community Resources/Re Assessment Day
12. Final Class. Give out certificates

